

An Approach To Relaxation

[An Approach To Relaxation](#) is a joint project between Richard (former Master Sommelier) and Carla Rza Betts (formerly of The Spotted Pig, The Breslin and The John Dory Oyster Bar in NYC.)

The 2019 [Sucette](#) is 100% Grenache, with the majority of the fruit coming from The Rza Block situated in the heart of the sandy Vine Vale region in the Eastern part of the Barossa Valley in South Australia. The Rza Block (estimated to have been planted in 1867) is own-rooted and dry-grown.



2019 was intense: one of the driest on record in the Barossa, and one of its hottest years on record in South Australia. We had frost at flowering, which hurt the first shoots, and when they pushed again we ended up with much smaller berries and clusters than we usually get. Overall a very high-quality vintage with extremely low yields. Our block gave 1/3 the fruit it normally gives. The fruit is *exceptionally* good; it's the darkest, deepest, most aromatic and structured fruit we've seen yet, with fine-grained tannin. We harvested 21-27 March, one of the earliest ever.

Due to the small cluster with a higher skin to juice ratio, we opted for only 17% whole cluster. We slowly basket pressed over a 12-hour cycle, and the wine spent 12 months in a 1500L Stockinger that previously held our white wine, Nichon, before being bottled unfiltered and unfiltered.

The wine is highly aromatic with a core of spicy cranberry and pomegranate, darker color than we typically get on sand, and really wonderful velvety tannins.